

Middlesex County Resource Guide

Resource Guide Key:

- [Food Resources](#)
- [Healthcare Resources](#)
- [Housing Resources](#)
- [Legal & Financial Resources](#)
- [Resources for Families & Children](#)
- [Resources for Seniors](#)

Food Resources		
Organization	Resource	Contact Information
Abundant Life Christian Center, Living Waters	Food	732-355-0225 2245 Route 130, Suite 101, Dayton
Bayard Street Presbyterian Church	Food	https://www.facebook.com/bayardstreetchurch/ 107 Bayard Street, New Brunswick
Calvary Chapel Old Bridge – Broken Loaves Food Pantry	Food	https://www.ccob.org/home 123 White Oak Lane, Old Bridge
Catholic Charities Diocese of Metuchen	Housing, Food, Mental Health, Utilities Assistance, Clothing, Referrals	https://www.ccdom.org/contact-us Various locations Various phone numbers
Church of the Sacred Heart	Food	https://www.churchofthesacredheart.net/ 149 South Plainfield Avenue, South Plainfield
Churches United for the People	Food, Mental Health	https://improvingnj.org/our-work/ 455 Main Street, Spotswood
Elijah’s Promise	Food, Clothing	https://elijahspromise.org/ Community Soup Kitchen: 18 Neilson Street, New Brunswick, 732-545-9002 A Better World Café: 19 South 2nd Avenue, Highland Park, 732-510-1572 Clothesline: 90 Jersey Avenue, New Brunswick
Emanuel Lutheran Church	Food	https://emanuelnb.org/ New & Kirkpatrick Streets, New Brunswick
Faith Fellowship Community Development Corporation	Housing, Food	http://epiccdc.net/ 2707 Main Street, Sayreville
First Presbyterian Church of Avenel	Food, Clothing	http://avenelpresbyterianchurch.org/ 621 East Woodbridge Avenue, Avenel

First Presbyterian Church of Cranbury Skeet's Pantry	Food	http://old.cranburypres.org/skeetspantry.html 22 South Main Street, Cranbury
First Presbyterian Church of Iselin	Food	https://www.1stpresbyterianiselin.org/ 1295 Oaktree Road, Iselin
First Presbyterian Church of Metuchen	Food	https://fpcweb.org/ 270 Woodbridge Avenue, Metuchen
First Presbyterian Church of South Amboy	Food	http://www.fpcsachurch.org/food-pantry/ 150 North Broadway, South Amboy
First Presbyterian Church of Woodbridge	Food	http://www.fpcwoodbridgenj.org/ 600 Rahway Avenue, Woodbridge
Five Loaves Food Pantry	Food	http://www.collegeavecommunitychurch.com/5-loaves-food-pantry-cinco-panes-pantry-mercado/ 100 College Ave, New Brunswick
Hands of Hope Food Pantry	Food	https://handsofhopenj.org/ St. James Episcopal Church 2136 Woodbridge Ave, Edison
Metro Park A.G. Church	Food	732-283-3440 48 Berkley Boulevard, Iselin
New Brunswick Salvation Army	Housing, Food, Utilities Assistance, Health Services	https://easternusa.salvationarmy.org/new-jersey/ 287 Handy Street, New Brunswick
New Life Food Pantry	Food	732-521-0169 56 Main Street, Helmetta
Old Bridge Food Bank	Food	http://www.oldbridge.com/FoodBank 1 Old Bridge Plaza, Old Bridge
Our Lady of Fatima Bread Of Life Food Pantry	Food	http://olfperthamboy.weebly.com/ 380 Smith Street, Perth Amboy
Plainsboro Township Food Pantry	Food	http://www.plainsboronj.com/242/Food-Pantry 641 Plainsboro Road, Plainsboro
Presbyterian Church of Jamesburg – Deacon's Food Pantry	Food	https://www.presbyterianchurchjamesburg.org/deacons-food-pantry 175 Gatzmer Avenue, Jamesburg
Puerto Rican Action Board PRAB Headquarters	Housing, legal services, mental health, food, case management, weatherization	732-828-4510 90 Jersey Avenue, New Brunswick
Puerto Rican Association for Human Development	Housing, utilities assistance, food, clothing, job services, case management	732-442-1081 100 First Street, Perth Amboy
Reformed Church of Highland Park Affordable Housing Corp	Housing, Food, Clothing	https://www.rchighlandpark.org/justice-mercy/affordable-housing/ 19 South 2nd Avenue, Highland Park
South Brunswick Food Pantry	Food, Housing	732-329-4000 ext. 7674

		540 Ridge Road, Social Services Office, Monmouth Junction
South Plainfield – Social Services	Food, Job Services, Referrals	http://southplainfieldnj.com/spnj/Departments/Departments/Social%20Services%20-%20Welfare%20Department/ 2480 Plainfield Avenue South Plainfield
St. Alban’s Episcopal Church	Food	http://stalbansnewbrunswick.org/food-pantry/ 148 Lee Avenue, New Brunswick
St. James the Less Church	Food	https://stjamesthelesschurch.org/soup-kitchen/ 36 Lincoln Avenue, Jamesburg
St. Lawrence Roman Catholic Church	Food	https://www.saintlawrencechurch.com/ 109 Laurence Parkway, Laurence Harbor
St. Mary’s Food Pantry	Food	http://www.saintmarysa.org/pantry.html 256 Augusta Street, South Amboy
St. Paul’s Evangelical Lutheran Church	Food	http://www.stpauls-edison.org/ 445 Old Post Road, Edison
St. Peter's Episcopal Church – Peter’s Pantry	Food, Shelter	https://www.stpetersepiscopal.com/ 183 Rector Street, Perth Amboy
St. Vincent de Paul Society	Food	http://svdp-metuchen.org/ 29 Abeel Street, New Brunswick
Suydam Street Reformed Church	Food	732-249-6803 74 Drift Street New Brunswick
The Crisis Room	Food, Clothing	https://www.facebook.com/crisisroom/ 562 Ryders Ln, East Brunswick, NJ
The Sanctuary of North Brunswick - Hunger Eliminated by Local People (H.E.L.P)	Food	http://www.nbrweb.org/food-bank.html 17 Laurel Place, North Brunswick
The South River Food Bank	Food	http://southrivernj.org/foodbank/ 55 Reid Street, South River
Trinity Episcopal Church	Food	http://trinitywoodbridge.org/ 650 Rahway Avenue, Woodbridge
Vida Church	Food	732-442-7980 Vida Church 189 Fayette St, Perth Amboy

Healthcare Resources		
Organization	Resource	Contact Information
Catholic Charities Diocese of Metuchen	Housing, food, mental health, utilities assistance, clothing, referrals	https://www.ccdom.org/contact-us Various locations Various phone numbers
Churches United for the People	Food, Mental Health	https://improvingnj.org/our-work/ 455 Main Street, Spotswood

Community Hope	Housing, mental health, referrals, veteran services	https://www.communityhope-nj.org/ 959 Route 46 East, Suite 402, Parsippany
George J. Otlowski, Sr. Center for Mental Health Care	Mental Health, Addiction Services	http://www.middlesexcountynj.gov/Government/Departments/CS/Pages/GOCMH/George-J.-Otlowski,-Sr.-Center-for-Mental-Health-Care.aspx 570 Lee Street, Perth Amboy
Jewish Renaissance Foundation	Housing, job services, health services, referrals	https://www.jrfnj.org/ 149 Kearny Ave, Perth Amboy
Making It Possible to End Homelessness (MIPH)	Housing, case management, mental health, referrals	http://missionfirsthousing.org/miph/ Highland Park
Middlesex County Department of Community Services	Mental Health	http://www.middlesexcountynj.gov/Government/Departments/CS/Pages/default.aspx Middlesex County Administration Building 2nd Floor, 75 Bayard Street, New Brunswick
Middlesex County Office of Health Services	Health Services	http://www.middlesexcountynj.gov/Government/Departments/PSH/Pages/Office-of-Health-Services.aspx Middlesex County Administration Building 2nd Floor, 75 Bayard Street, New Brunswick
New Brunswick Salvation Army	Housing, food, utilities assistance, health services	https://easternusa.salvationarmy.org/new-jersey/ 287 Handy Street, New Brunswick
Puerto Rican Action Board PRAB Headquarters	Housing, legal services, mental health, food, case management, weatherization	732-828-4510 90 Jersey Avenue, New Brunswick
United Way of Middlesex County	Housing (foreclosure prevention), health services	https://www.uwcj.org/ 32 Ford Avenue, Milltown
Women Aware, Inc.	For women victims of domestic violence: housing, mental health, legal services	https://womenaware.net/ 250 Livingston Avenue, New Brunswick

Housing Resources		
Organization	Resource	Contact Information
Affordable Housing Alliance	Housing, Utilities Assistance	https://housingall.org/ 3535 Route 66, Parkway 100, Building 4, Neptune
Carteret Housing Authority	Housing	https://www.carteret.net/housing-authority/ 96 Roosevelt Avenue, Carteret

Catholic Charities Diocese of Metuchen	Housing, food, mental health, utilities assistance, clothing, referrals	https://www.ccdom.org/contact-us Various locations Various phone numbers
Coming Home of Middlesex County, Inc.	Housing, referrals, case management	https://www.cominghomemiddlesex.org/ 75 Bayard Street, 2nd Floor, New Brunswick
Community Hope	Housing, mental health, referrals, veteran services	https://www.communityhope-nj.org/ 959 Route 46 East, Suite 402, Parsippany
Community Investment Strategies	Housing	https://www.communityinvestmentstrategies.com/ 1970 Brunswick Avenue, Suite 100, Lawrenceville
Cranbury Housing Associates	Housing	http://www.cranburyhousing.org/ 216 Rockingham Row, Princeton
East Brunswick Community Housing Corporation	Housing	https://www.eastbrunswick.org/450/East-Brunswick-Community-Housing-Corporation East Brunswick
Edison Housing Authority	Housing	https://edisonha.org/ Robert E. Holmes Gardens 14 Rev. Samuel Carpenter Blvd, Edison
F.I.S.H Hospitality Program, Inc	Housing	https://fishhospitality.org/ 456 New Market Road, Piscataway
Faith Fellowship Community Development Corporation	Housing, Food	http://epiccdc.net/ 2707 Main Street, Sayreville
Habitat for Humanity of Greater Plainfield & Middlesex County	Housing	https://www.habitatgpmc.org/news 2 Randolph Road, Plainfield
Highland Park Housing Authority	Housing	http://highlandparkhousing.org/ 242 South Sixth Avenue, Highland Park
Housing Authority of the City of Perth Amboy	Housing	http://www.perthamboyha.org/ 881 Amboy Avenue, Perth Amboy
Jewish Renaissance Foundation	Housing, job services, health services, referrals	https://www.jrfnj.org/ 149 Kearny Ave, Perth Amboy
Making It Possible to End Homelessness (MIPH)	Housing, case management, mental health, referrals	http://missionfirsthousing.org/miph/ Highland Park
Manufactured Homeowners Association of New Jersey, Inc.	Housing	http://mhoanj.org/
Middlesex County Division of Housing, Community Development & Social	Housing, Veteran Services	http://www.middlesexcountynj.gov/Government/Departments/CS/Pages/Housing/Housing%20and%20Social%20Services.aspx

Services/Office of Veterans Services		Middlesex County Administration Building 2nd Floor, 75 Bayard Street, New Brunswick
New Brunswick Housing Authority	Housing	https://newbrunswickhousing.org/ 7 Van Dyke Avenue, New Brunswick
New Brunswick Salvation Army	Housing, food, utilities assistance, health services	https://easternusa.salvationarmy.org/new-jersey/ 287 Handy Street, New Brunswick
New Brunswick Tomorrow	Housing, Health, Referrals	https://www.nbtomorrow.org/?lang=en 390 George Street, New Brunswick
New Jersey Citizen Action	Housing, health services, energy assistance	https://njcitizenaction.org/ 75 Raritan Avenue, Suite 200, Highland Park
New Jersey Community Capital	Housing	https://www.newjerseycommunitycapital.org/ 108 Church Street, 3rd Floor New Brunswick
Old Bridge Housing Assistance	Housing	https://www.oldbridgehousing.com/ 2000 Route 18 North, Suite 100, Old Bridge
Ozanam Family Shelter	Housing	https://www.ccdom.org/ 89 Truman Drive, Edison
Perth Amboy Salvation Army	Housing, emergency shelter (men), food, case management	732-826-7040 433 State Street, Perth Amboy
Puerto Rican Action Board PRAB Headquarters	Housing, legal services, mental health, food, case management, weatherization	732-828-4510 90 Jersey Avenue, New Brunswick
Puerto Rican Association for Human Development	Housing, utilities assistance, food, clothing, job services, case management	732-442-1081 100 First Street, Perth Amboy
Reformed Church of Highland Park Affordable Housing Corp	Housing, Food, Clothing	https://www.rchighlandpark.org/justice-mercy/affordable-housing/ 19 South 2nd Avenue, Highland Park
Sayreville Housing Authority	Housing	https://sayrevilleha.org/ 650 Washington Road, Sayreville
Solutions To End Poverty Soon (STEPS)	Housing, utilities assistance, legal services	http://njsteps.org/ 14 Clifton Avenue, Lakewood
South Amboy Housing Authority	Housing	https://www.southamboyhousing.com/ 250 South Broadway South Amboy
South Brunswick Food Pantry	Food, Housing	732-329-4000 ext. 7674 540 Ridge Road, Social Services Office, Monmouth Junction
Triple C Housing	Housing	https://www.triplechousing.org/ 1 Distribution Way, Monmouth Junction
United Way of Middlesex County	Housing (foreclosure prevention), health services	https://www.uwcj.org/ 32 Ford Avenue, Milltown

Walters Group	Housing	https://www.waltersgroupapartments.com/ 500 Barnegat Boulevard North, Building 100, Barnegat
Women Aware, Inc.	For women victims of domestic violence: housing, mental health, legal services	https://womenaware.net/ 250 Livingston Avenue, New Brunswick 250 Livingston Avenue, New Brunswick
Woodbridge Housing Authority	Housing	http://www.woodbridgehousingauthority.org/ 20 Bunn Lane, Woodbridge

Legal & Financial Services

Organization	Resource	Contact Information
Central Jersey Legal Services – Perth Amboy Office	Legal Services	https://www.lsnj.org/cjls/ 313 State Street, Suite 308, Perth Amboy
Central Jersey Legal Services- New Brunswick Office	Legal Services	https://www.lsnj.org/cjls/index.htm 317 George Street, Suite 201, New Brunswick
Puerto Rican Action Board PRAB Headquarters	Housing, legal services, mental health, food, case management, weatherization	732-828-4510 90 Jersey Avenue, New Brunswick
Solutions To End Poverty Soon (STEPS)	Housing, utilities assistance, legal services	http://njsteps.org/ 14 Clifton Avenue, Lakewood
Women Aware, Inc.	For women victims of domestic violence: housing, mental health, legal services	https://womenaware.net/ 250 Livingston Avenue, New Brunswick

Resources for Families & Children

Organization	Resource	Contact Information
Coming Home of Middlesex County, Inc.	Housing, Referrals, Case Management	https://www.cominghomemiddlesex.org/ 75 Bayard Street, 2nd Floor, New Brunswick
Community hope	Housing, Mental Health, Referrals, Veterans Services	https://www.communityhope-nj.org/ 959 Route 46 East, Suite 402, Parsippany
Jewish Family Services of Middlesex County	Food, Job Services, Mental Health, Case Management, Referrals	https://jfsmiddlesex.org/ 32 Food Avenue, 2nd Floor, Milltown
Middlesex County Dept. of Community Services		http://www.middlesexcountynj.gov/Government/Departments/CS/Pages/default.aspx

		Middlesex County Administration Building 2nd Floor, 75 Bayard Street, New Brunswick
Middlesex County Division of Housing, Community Development & Social Services/Veterans Services	Housing, Veteran Services	http://www.middlesexcountynj.gov/Government/Departments/CS/Pages/Aging%20and%20Disabled%20Services/Office_AgingDisabled.aspx Middlesex County Administration Building 2nd Floor, 75 Bayard Street, New Brunswick
Jewish Renaissance Foundation	Housing, Job Services, Health Services, Referral	https://www.jrfnj.org/ 149 Kearny Ave, Perth Amboy
New Brunswick Tomorrow	Housing, Health, Referrals	https://www.nbtomorrow.org/?lang=en 390 George Street, New Brunswick
Ozanam Family Shelter	Housing	https://www.ccdom.org/ 89 Truman Drive, Edison
Puerto Rican Action Board (PRAB)	Housing, Legal Services, Mental Health, Food, Case Management, Weatherization	https://prab.org/ 90 Jersey Avenue, New Brunswick
Solutions to End Poverty Soon (STEPS)	Housing, Utilities Assistance, Legal Services	http://njsteps.org/ 14 Clifton Avenue, Lakewood
United Way of Middlesex County	Housing (foreclosure prevention), Health Services	https://www.uwcj.org/ 32 Ford Avenue, Milltown
The Sanctuary of North Brunswick- Hunger Eliminated by Local People	Food	http://www.nbrweb.org/food-bank.html 17 Laurel Place, New Brunswick
Triple C Housing	Housing	https://www.triplechousing.org/ 1 Distribution Way, Monmouth Junction
Women Aware, Inc.	For Women of Domestic Violence: Housing, Mental Health, Legal Services	https://womenaware.net/ 250 Livingston Avenue, New Brunswick

Resources for Seniors		
Organization	Resource	Contact Information
Coming Home of Middlesex County, Inc.	Housing, Referrals, Case Management	https://www.cominghomemiddlesex.org/ 75 Bayard Street, 2nd Floor, New Brunswick
Community hope	Housing, Mental Health, Referrals, Veterans Services	https://www.communityhope-nj.org/ 959 Route 46 East, Suite 402, Parsippany
Jewish Family Services of Middlesex County	Food, Job Services, Mental Health, Case Management, Referrals	https://jfsmiddlesex.org/ 52 Concordia Shopping Center, Monroe Township

Middlesex County Dept. of Community Services		http://www.middlesexcountynj.gov/Government/Departments/CS/Pages/default.aspx Middlesex County Administration Building 2nd Floor, 75 Bayard Street, New Brunswick
Middlesex County Division of Housing, Community Development & Social Services/Veterans Services	Housing, Veteran Services	http://www.middlesexcountynj.gov/Government/Departments/CS/Pages/Housing/Housing%20and%20Social%20Services.aspx Middlesex County Administration Building 2nd Floor, 75 Bayard Street, New Brunswick
Jewish Renaissance Foundation	Housing, Job Services, Health Services, Referral	https://www.jrfnj.org/ 149 Kearny Ave, Perth Amboy
New Brunswick Tomorrow	Housing, Health, Referrals	https://www.nbtomorrow.org/?lang=en 390 George Street, New Brunswick
Puerto Rican Action Board (PRAB)	Housing, Legal Services, Mental Health, Food, Case Management, Weatherization	https://prab.org/ 90 Jersey Avenue, New Brunswick
Solutions to End Poverty Soon (STEPS)	Housing, Utilities Assistance, Legal Services	http://njsteps.org/ 14 Clifton Avenue, Lakewood
United Way of Middlesex County	Housing (foreclosure prevention), Health Services	https://www.uwcj.org/ 32 Ford Avenue, Milltown
The Sanctuary of North Brunswick- Hunger Eliminated by Local People	Food	http://www.nbrcweb.org/food-bank.html 17 Laurel Place, New Brunswick
Triple C Housing	Housing	https://www.triplechousing.org/ 1 Distribution Way, Monmouth Junction
Middlesex County Office of Aging and Disabled Services	Senior Centers, Food, Health Services, Utilities Assistance, Transportation, Referrals	http://www.middlesexcountynj.gov/Government/Departments/CS/Pages/Aging%20and%20Disabled%20Services/Office_AgingDisabled.aspx Middlesex County Administration Building 5th floor, 75 Bayard Street, New Brunswick